

## Packing list for a cruise in the Meditterrian Sea

Generally your luggage should be limited to a minimum because of scarce storage space on the vessel. You also have to consider, that in spring and autumn the evenings and nights are rather cool, so warm clothing is advised. Stormy weather is possible at any season, so you have to care for an appropriate protective clothing. Sun protection of factor 50 is very important offshore, because you are under heavy UV-radiation.

In Greece visiting churches and monastries and in Turkey visiting mosques you are asked for an appropriate clothing. That means that women should not wear trousers and tops, but long skirt and the head covered, and men not shorts.

Apart from private utensil you are asked to carry along

- Bedding (sheet, pillow case and blanket cover; if you use a cabin alone a second sheet), a sleeping bag alone is not sufficient and from May to September not really advisable.
- Towels and toilet things
- Sporting cloths
- Caps
- Good shoes for excursions, sporting shoes without black sole, bathing shoes as protection against sharp rocks and sea urchins, Fin Clogs
- Protective clothing
- Sailing gloves
- Sun glasses
- Swimming clothes